



## LEGAL INFORMATION

**The following are necessary for all participants in the North India Pilgrimage tour.**

This is to ensure that you are appropriately covered in the case of an emergency and to indicate that you understand the implications of being involved in travel in India.

### **Insurance**

It is a requirement for all our travellers to have a comprehensive travel insurance policy with full medical cover. There are a wide variety of policies available and your travel agent will be able to make recommendations. Some policies offer lower or higher medical expense options but the higher ones are chiefly for countries like the USA which have extremely high medical costs. Check the small print. You may prefer a policy that pays doctors or hospitals direct rather than you having to pay on the spot and claim later. If you have to claim later make sure you keep all documentation. Some policies ask you to call back (reverse charges) to a centre in your home country where an immediate assessment of your problem is made.

You will be required to submit your insurance policy name and number BEFORE commencing the journey with North India Pilgrimage.

### **Medical Form**

A Medical Form will also be included in your information pack, requiring you to inform us of any relevant medical information. In certain conditions, it may be necessary to get your Doctor's written consent.

### **Consent (Indemnity) Form**

There will be a Consent Form included in the information pack. It is important that you complete this and return it BEFORE your tour begins.

There are a number of health factors that need to be considered before any extensive travel, and mostly these are addressed by common sense and practical medical advice from your health care professional. The following gives an indication of your health and fitness requirements.

### **General**

The tour involves some physical activity, with periods of long distance travel in a vehicle. Whilst North India Pilgrimage has designed the tour to be comfortable, safe and predictable, environmental conditions are not always so.

### **Costs**

The cost includes: all travel in India including domestic flights, all accommodation, most meals, water, entrance fees, offerings, tips and two guides.

It does not include return airfares, visas, travel insurance, alcohol.